

Research Article

Chlorella sp. (UKM8), A Local Microalgae Isolate with Anti-Human Herpes Virus and Antioxidant Properties

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ABSTRACT

Microalgae are an invaluable source of new and safe therapeutics with potential antiviral and free-radical scavenging compounds. This study aimed to investigate the antiviral and antioxidant properties of local microalgae, *Chlorella* sp. (UKM8). The UKM8 methanol extract (UKM8-ME) was tested for antiviral activity using plaque reduction assay against Human Herpes Virus type 1 (HHV-1). The antioxidant activity of UKM8-ME was evaluated for the radical scavenging activity (RSA) according to the elimination of 1,1-diphenyl-2-picrylhydrazil (DPPH) radicals and total phenolic content (TPC) by the Folin-Ciocalteu reactions. UKM8-ME effective concentration that inhibits 50% (EC₅₀) of plaque formation was 222.33 ± 24.54 µg/mL. The calculated selective index is 19 indicating potential antiviral activity. In the DPPH assay, the IC₅₀ value of positive control and UKM8-ME were 122.9 ± 29.1 and 198.78 ± 14.35 µg/mL, respectively. The TPC of positive control and UKM8-ME were 263.414 ± 9.6 and 254.793 ± 3.31 mg GAE/g, respectively. Evaluation in RSA and TPC concludes that UKM8-ME has high antioxidant activity. In conclusion, UKM8-ME has two unique properties in anti-HHV-1 and antioxidant activities that can be further evaluated for potential in pharmaceuticals and food ingredients.

Key words: Anti-HHV-1, antioxidant, biomass, *Chlorella*, methanol extract

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INTRODUCTION

Microalgae can live in diverse habitats owing to their adaptive survival strategy (Phang *et al.*, 2015). *Chlorella* spp. has been shown previously to be an excellent source of valuable bioactive compounds with antimicrobial activities (Jafari *et al.*, 2018; Zielinski *et al.*, 2020). A local isolate, *Chlorella* sp. (UKM8) has been shown to have potential as an antibacterial agent with various compounds including phenols that may contribute to the antiviral and antioxidant activity (Shaima *et al.*, 2022). The non-cytotoxicity of Vero cells has also been demonstrated hence the potential for antiviral properties can be further evaluated.

Human Herpes Virus (HHV) is one of the most common opportunistic viral infections globally. HHV can cause a variety of diseases in humans, from small irritations to life-threatening acute infections. New effective compounds are needed due to the development of virus resistance towards current antiviral agents such as acyclovir (Adamson, 2020). Natural products gained attention as alternative sources for antiviral activity due to their availability, efficiency, safety, and cost-effectiveness. Several compounds with such activity have been isolated from microalgae (Besednova *et al.*, 2021; El-Sheekh *et al.*, 2022).

During microbial infection, reactive oxygen species (ROS) such as hydroxyl (OH), peroxide (ROO), and nitric oxide (NO) are produced, damaging the membrane cells through chain reactions (Martelli & Giacomini, 2018). In such events, it would be favorable to find agents that can combine antioxidant and antimicrobial properties. In this regard, microalgae as a natural reservoir of chemical diversity can

be implemented. In this study, we evaluated the antiviral activity of the methanol extract (ME) of *Chlorella* sp. UKM8 (UKM8-ME) against Human Herpes Virus (HHV-1) and the antioxidant activity.

MATERIALS AND METHODS

Microalgae cultivation and extraction

The cultivation and extraction with methanol for *Chlorella* sp. UKM8 (NCBI accession number: KT452082) follows Shaima et al. (2022). Cultivation was done in 1 L of Bold Basal Medium (BBM) in a Duran bottle and biomass was harvested in approximately ten days. Biomass (1 g) was collected and immersed overnight at 25 °C in 100 mL absolute methanol. The extract was then filtered onto filter paper (Whatman No. 1), concentrated, and dried using a rotary evaporator (Buchi, Germany) at 40 °C. The dried extract of UKM8-ME was stored at 4 °C for subsequent use.

Antiviral activity evaluation

A plaque reduction assay (PRA) was performed to evaluate the antiviral activity against a clinical strain of HHV-1 following the method described by Ismaeel et al (2018). Confluent Vero-cells were overlaid with 200 µL of DMEM containing 50 pfu HHV-1 for an hr at 37 °C in a humidified 5% (v/v) CO₂ atmosphere before being discarded. Mock treated and various concentrations of UKM8-ME ranging from 15.63 to 1000 µg/mL were added to 1% (w/v) methyl cellulose in DMEM supplemented with 5% (v/v) Fetal Bovine Serum (FBS). Plaques were allowed to develop for at least 48 h at 37 °C in a humidified 5% (v/v) CO₂ atmosphere. The number of plaques was stained using crystal violet and calculated. The percentage of plaque reduction indicative of viral inhibition for UKM8-ME at various concentrations was computed using the following equation:

$$\% \text{ of plaque reduction} = \frac{PC-PT}{PC} \times 100$$

Where PC indicates the number of plaques derived from virus-infected cells with no treatment. PT represents the number of plaques derived from virus-infected cells with treatment.

The EC₅₀ value i.e. extracts concentration required to inhibit 50% of the virus plaque reduction compared to the control was computed using Graph Pad Prism 8 by plotting the plaque reduction percentage to UKM8-ME concentration. The selective index (SI) value was calculated as in the following equation:

$$\text{Selective index (SI)} = \text{CC}_{50} / \text{EC}_{50}$$

The concentration of UKM8-ME that kills 50% of the cell population data or CC₅₀ value was taken from Shaima et al. (2022).

DPPH radical scavenging activity assay

The assay was carried out according to Choochote et al. (2014). UKM8-ME was diluted with methanol to various concentrations (0.031, 0.063, 0.125, 0.25, 1.5, & 1 g/L). A volume of 0.5 mL at each concentration was added to 1 mL of 0.5 mM 1,1-diphenyl-2-picrylhydrazyl (DPPH, Sigma Aldrich, USA) in absolute methanol. The mixture was shaken vigorously and then kept to stand at 25 °C for 30 min in the dark. The absorbance was measured using a Mini-1240 UV spectrophotometer (Shimadzu, Japan) at 517 nm. UKM8-ME only without DPPH was used as blank. Gallic acid (GA) was used as the reference standard at concentrations from 31.25 to 500 µg/mL. The radical scavenging activity (in percentage) was calculated using the following equation:

$$\text{Radical scavenging activity (\%)} = \frac{(A_0 - (A - A_b))}{A_0} \times 100$$

where A₀ is the absorbance of the control (DPPH solution only), A is the absorbance of the tested extract with DPPH solution, and A_b is the absorbance of the blank (a sample only). The IC₅₀ value is the concentration of a sample or a standard antioxidant in (g/L) that give 50% of the radical scavenging activity and was determined using Graph Pad Prism 8.

Determination of total phenolic content (TPC)

The TPC of the microalgae extract was determined by the Folin–Ciocalteu method according to Manivannan et al. (2012). UKM8-ME (0.2 mL) at 1 g/L in methanol was mixed with 1 mL of 1:10 Folin–Ciocalteu reagent (FCR) in a test tube. After four min, 0.8 mL of 7.5 % (w/v) sodium carbonate in distilled water was added. The sample was incubated for 120 min at room temperature in the dark. The absorbance of the reaction mixture was measured at 765 nm using a mini-1240 UV spectrophotometer (Shimadzu, Japan). Gallic acid (GA) was used to produce a standard curve graph, and TPC was determined from the regression equation ($R^2=0.9988$). The TPC is estimated to be equal to the extracts' equivalent of gallic acid (GAE). The TPC of sample extracts was expressed in milligram gallic acid equivalent (GAE)/g dry weight of sample using the following equation:

$$\text{TPC} = (c \times v) / M$$

TPC is the total phenolic content (mg/g) of the sample in GAE; c is the GA concentration obtained from the standard curve (mg/mL); v is the sample volume (mL); M is the weight of the sample (g). The analyses were performed in triplicates. Data were analyzed statistically using One Way Anova by Graph Pad Prism 8.

RESULTS AND DISCUSSION

Plaque reduction assay of UKM8-ME against HHV-1 strain

The concentration used to determine the antiviral activity of UKM8-ME was based on a non-toxic concentration previously determined in our previous study (Shaima *et al.*, 2022). The percentage of plaque reduction of UKM8-ME at different concentrations is presented in Figure 1. The antiviral inhibition activity of UKM8-ME can be considered dose-dependent with an EC_{50} value of $222.33 \pm 24.55 \mu\text{g/mL}$. The CC_{50} value determined was 4.21 mg/mL (Shaima *et al.*, 2022), and the calculated selective index (SI) for UKM8-ME is 19. SI values less than one are considered weak antiviral, while values above one have moderate activity and those above ten have great potential (Chattopadhyay *et al.*, 2009). Therefore, UKM8-ME can be considered as having potential as an antiviral agent but a more in-depth study may be needed.

Reports on the antiviral studies from *Chlorella* sp. against HHV-1 are limited. However, extracts from *Chlorella* spp. are effective against rotavirus (Cantú-Bernal *et al.*, 2020), hemorrhagic septicemia virus (VHSV) and African swine fever virus (ASFV) (Fabregas *et al.*, 1999), vesicular stomatitis virus (VSV) (Fukada *et al.*, 1968), influenza virus (El-feky *et al.*, 2020), betanodavirus causing viral encephalopathy and retinopathy (VER) (Katharios *et al.*, 2005). Viral inhibition ranged from 5 to 99% in these studies is relatively comparable to plaque inhibition of up to 78.68% (Figure 1).

Chemical profiling showed that UKM8-ME was rich in phenol (Shaima *et al.*, 2022). Several researchers have reported that phenols exhibit a wide range of biological activities such as antimicrobial, antioxidant, antiviral, and anti-cancer activities (Rico *et al.*, 2017; Sawant & Mane, 2018). Phenol from *Chlorella* sp. has been reported by Santoyo *et al.* (2010) to inhibit HHV-1. Therefore, it is suggested that phenol in UKM8-ME may contribute to the anti-HHV-1 properties.

Antioxidant activity

The antioxidant activity of UKM8-ME was determined by RSA and TPC. UKM8-ME showed dose-dependent RSA with the highest RSA of UKM8-ME and GA was observed with % DPPH radical inhibition of 63.31 and 69.66 (Table 1). The IC_{50} value is a concentration that prevents 50% of the radical material from showing the extract's ability as an antioxidant agent. UKM8-ME showed an IC_{50} value of $198.78 \pm 14.35 \mu\text{g/mL}$. The positive control GA showed an IC_{50} value at $122.897 \pm 29.102 \mu\text{g/mL}$. According to the RSA% and IC_{50} of the UKM8-ME, the extract showed remarkable antioxidant capacity.

TPC is the most frequent and easy to use for measuring the phenolic amounts in plants or food with gallic acid equivalent (GAE) was used for expressing the total phenolic concentration. The standard curve for gallic acid is used to calculate the total phenolic content. UKM8-ME showed a TPC of $254.793 \pm 3.31 \text{ mg GAE/g}$, almost comparable to the positive control gallic acid of 263.414 ± 9.6 at the concentration of $250 \mu\text{g/mL}$ with no significant differences ($p < 0.05$).

The high TPC in UKM8-ME is attributed to the phenol content confirmed by Shaima *et al.* (2022). Phenols are hydrophilic compounds that are more soluble in highly polar solvents (Ningsiha *et al.*, 2016). In this study, methanol was used as the extractant. Barchan *et al.* (2014) found that methanol extract showed higher TPC than other solvent extracts with lower polarity. TPC of *Chlorella* sp. extracts has been widely studied. It was observed for *Chlorella* sp. E53 (35.5 mg GAE/g) and *Chlorella* sp. ED53 (29 mg GAE/g) (Choochote *et al.*, 2014), *C. vulgaris* (45 mg GAE/g) (Pradhan *et al.*, 2021), *C. sorokiniana* (73.7 mg GAE/g) and *C. zofingensis* (40.8 mg GAE/g) (Azaman *et al.*, 2017). In general, every algae species has a different amount of phenolic compounds, therefore, the variation in the TPC of algae samples is noted (Rajasekaran & Kalaimagal, 2011; Vello *et al.*, 2018). Moreover, various factors can influence the phenolic content of algae including, extraction procedure, particle size, as well as the sample's time and storage condition. The presence of chemicals in the algae that can interfere with the extraction of phenolic substances such as pigments, waxes, and fats can also impact the amount of the extracted phenolic compounds (Arguelles *et al.*, 2022).

Chlorella sp. is known for its rapid adaptation to extreme conditions (Japar *et al.*, 2021), thus can offer a great reservoir of antioxidant compounds and one of the most known antioxidants formers (Andrade *et al.*, 2018). Other studies also confirm the antioxidant ability of *Chlorella* sp., while a wide range of antioxidant compounds was identified, including hexadecanoic acid, 2-hexadecanoic-1-OI, cyclodecasiloxane, 4-Eicosanoic acid from *C. vulgaris* (El-fayoumy *et al.*, 2020), lutein from *C. zofingensis* and peptide from *C. ellipsoidea* (Choochote *et al.*, 2014). Antioxidant activity of UKM8-ME has been confirmed in this study with compounds that have antioxidant properties including 7,10-Hexadecadienoic acid, 9,12-Octadecadienoic acid, Cis-8-methyl-exotricyclo, [5.2.1.0(2.6)]decane, Eicosane, Cetene and Z-12-Pentacosene (Shaima *et al.* 2022). More comprehensive studies are required to identify these compounds and their mechanism of activity to unleash their potential as pharmaceuticals.

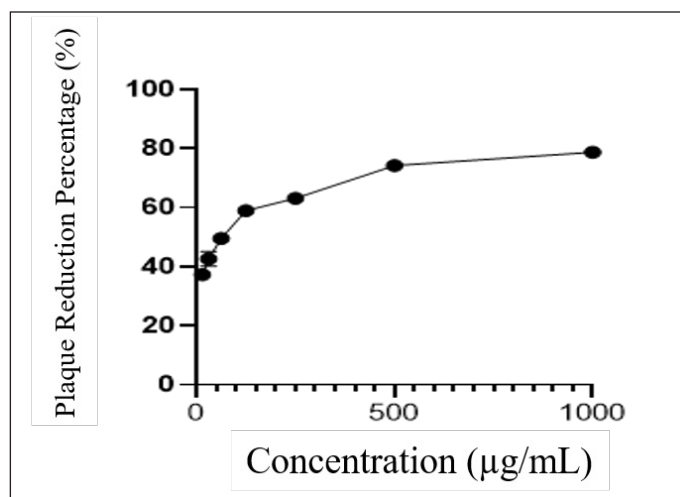


Fig. 1. Plaque reduction percentage against different concentrations (µg/mL) of UKM8-ME.

Table 1. Radical scavenging activity RSA % of UKM8-ME and GA

Sample concentration (µg/mL)	UKM8-ME RSA (%)	GA RSA (%)
31.25	34.66 ± 0.82	45.05 ± 1.64
62.5	37.33 ± 0.49	42.61 ± 2.83
125	38.06 ± 0.89	51.55 ± 1.36
250	58.53 ± 1.03	60.33 ± 1.56
500	65.26 ± 1.03	69.66 ± 1.36
1000	63.13 ± 1.83	nd*

*nd, not determined

CONCLUSION

Local microalgae, *Chlorella* sp. UKM8-ME has good potential against HHV-1 and can be associated with free radicals scavenging activity. The antioxidant ability of UKM8-ME suggests that the extract can be exploited further as food supplements or additives.

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CONFLICT OF INTEREST

The authors declare no conflict of interest.

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