

## SOYBEAN AS AN ALTERNATIVE NUTRIENT MEDIUM FOR *Bacillus subtilis* GROWTH

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### ABSTRACT

Nutrient agar is a commonly used medium for the isolation and growth of a broad range of microorganisms. The feasibility of using soybean as a base medium in the development of alternative growth media was assessed in this study. Nutrient agar was used as a standard guide to evaluating the performance of the formulated soybean agar. *Bacillus subtilis* was inoculated and allowed to grow on nutrient agar and soybean agar. Their growth was compared within 24 h after inoculation based on the morphology of individual colonies formed on both media and the pattern of bacterial growth. Our results showed that soybean agar had comparable performance to nutrient agar as the morphological characteristics of *B. subtilis* colonies formed on both media are generally identical in terms of texture, margin, optical properties, colour, elevation, and shape. However, due to the similar appearance of the bacterial colonies and the soybean agar, the colonies formed on the soybean agar were slightly larger than those formed on nutrient agar. In addition, our findings also revealed that agar strips formed the best soybean agar compared to gelatin and agar powder. Ultimately, this study has shown that locally available soybeans and agar strips can be easily formulated as an alternative to commercial nutrient agar and have great potential for bacteriological research.

**Key words:** Alternative, *Bacillus subtilis*, growth, soybean, nutrient agar

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### INTRODUCTION

In the field of microbiology, the study of microorganisms depends on a substantial extent of the ability to isolate the organism of interest and grow it alive under specific laboratory conditions. The cultivation of microorganisms can be challenging due to their specific environmental and nutritional requirements (Lagier *et al.*, 2015). There are various commercially available culture media that support the growth of a wide range of microorganisms. A prime example of a general-purpose medium is nutrient agar (NA). NA is the standard medium widely used for the cultivation of non-fastidious microorganisms, such as *Escherichia coli*, *Staphylococcus aureus*, *Streptococcus pyogenes*, and *Klebsiella pneumoniae* (Neal, 2019). It contains nutrients and energy sources to promote microbial growth and produce identical colonies. Diverse types of microbes produce distinctive characteristics of colonies, such as shape, colour, texture, and edge, which help microbiologists distinguish different types of microbes in a mixed culture.

In recent years, numerous studies have focused on identifying alternative sources of growth media.

The most common ingredient is fruit waste, especially fruit peels. In Indonesia, a study was conducted by a group of researchers that focused on the cultivation of *E. coli* using growth media from dragon fruit peels (Putri *et al.*, 2018). Pineapple and green banana peels were also used as alternative growth media for fungal cultivation (Anbu *et al.*, 2017). A recent study by Hasanin and Hashem showed that watermelon peel dextrose agar was as efficient as conventional media for fungal growth (Hasanin & Hashem, 2020).

Fruit peel-based media were also found to be beneficial for microbial production of bio-cellulose (Kumbhar *et al.*, 2015), biodiesel (Carota *et al.*, 2020), antimicrobials (Okpalauwaekwe *et al.*, 2020), polyhydroxybutyrate (Valdez-Calderón *et al.*, 2020), amylase (Iram *et al.*, 2021), biosurfactant (Vieira *et al.*, 2021) and single cell protein (Haddish, 2015; Umesh *et al.*, 2019). In addition to fruit peels, fresh vegetables and vegetable wastes, such as beetroots (Al-Azzaay & Hassan, 2011; Mohammed *et al.*, 2018; Borah *et al.*, 2020), tomatoes, carrots, cabbage, pumpkin (Deivanayaki & Iruthayaraj, 2012), potato peels, cauliflower stems, and fenugreek stems (Jadhav *et al.*, 2018) were also used as major food sources for bacterial and fungal growth media.

Legumes have also been manipulated for the development of new media (Ravimannan *et al.*,

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2014; Uthayasooriyan *et al.*, 2016; Shareef, 2019; Mohammed *et al.*, 2020). Legumes are food crops belonging to the Leguminosae family. They are also called grain legumes as they are mainly grown for their edible seeds (Iqbal *et al.*, 2006). Some examples of legumes are soybean (*Glycine max*), green bean (*Phaseolus vulgaris*), pea (*Pisum sativum*), groundnut (*Arachis hypogaea*), lentil (*Lens culinaris*), mung bean (*Vigna radiata*) and broad bean (*Vicia faba*) (Maphosa & Jideani, 2017).

The soybean, also known as the soja bean or soya bean, is the most economically useful bean in the world and was cultivated in central China as early as 7000 BC (Deasy, 1939). Soybeans are one of the most nutritious food at a very affordable price. 100 g of boiled soybeans contain about 16.6 g of protein, 9.9 g of carbohydrate, 9.0 g of fat, 6.0 g of fibre, and 3.0 g of sugar (Arnarson, 2019). This legume has been included in the human diet as a healthier substitute for animal protein due to its high protein content (Joshi & Kumar, 2015; Arnarson, 2019). Soybeans contain about 38–45% protein content, which is higher compared to raw nuts (7–26%) and cereals (8–15%), making them an excellent source of protein for microbial growth (Liu, 1997; Brufau *et al.*, 2006; Kouris-Blazos & Belski, 2016).

Gelling agents, also known as solidifying agents, are vital in the formulation of culture media as they convert liquid culture medium into semi-solid or solid. They provide strength and stability to the medium, whereas, the concentration of gelling agents added affects the diffusion properties of the medium (Palaniraj & Jayaraman, 2011; Das *et al.*, 2015). Gelatin and agar are the first generations of gelling agents used in the production of growth media. Gelatin was first used in the development of growth media by Robert Koch in 1881 (Sandle, 2011; Basu *et al.*, 2015). A year later, agar derived from *Gracilaria* sp. was developed and since then, this agent has often been used as an alternative to gelatin for the preparation of solid cultures in microbiological research (Das *et al.*, 2015). Food-grade agar and bacteriological grade agar are the two most common forms of agar. Commercial bacteriological agar is usually more expensive than food-grade agar. Nevertheless, the solidification and stability properties of food-grade agar are equivalent to those of bacteriological agar (Hanond *et al.*, 2007; Petrovski & Tillett, 2012; Das *et al.*, 2015).

In this study, our main objective is to develop a low-cost culture medium for bacterial growth using soybean as the primary source of nutrients. Instead of bacteriological agar, food-grade gelatin and agar were purchased from local markets to be used as gelling agents for the formulation of soybean agar. The performance of the newly formulated soybean agar was evaluated by comparing the growth and morphology of *Bacillus subtilis* in both standard nutrient media and soybean agar.

## MATERIALS AND METHODS

### Sample collection

Soybeans (*Glycine max*) were selected as the nutrient source for alternative nutrient agar. Samples were obtained from the local supermarket and ground using an electric blender (Panasonic MX800S) and were filtered through a sieve twice to remove any lumps or large particles that remained in the soy powder. The powder was stored dry in an airtight container until further use.

### Test microorganism

The bacteria used in the study were *Bacillus subtilis*. The organism was obtained from Bendosen Laboratory Chemicals (Bendosen). To prepare a stock culture, an amount of a lyophilized *B. subtilis* culture was inoculated into 1 mL of distilled water until the clear water became turbid. The liquid bacterial inoculum was then spotted onto commercial nutrient agar (Hudson & Bendosen) to obtain individual bacterial colonies. The plates were then incubated for 24 h at room temperature.

### Formulation of soybean agar

Three ingredients were used to prepare the media: Soybean powder, sterile distilled water and solidifying agents. Three types of locally available solidifying agents (gelatin, agar powder & agar strips) were used instead of commercial agar-agar. Different SBA formulations are listed in Table 1. For each formulation, the amount of soybean powder and sterile distilled water applied was standardized at 3.0 g and 100 mL, respectively. The mass required for gelatin, agar powder and agar strips were determined according to the manufacturers' instructions, which were 28.50 g, 22.50 g and 1.57 g, respectively. After measuring, the ingredients were mixed and boiled together. The medium was then covered with aluminium foil before being dry-heat sterilised using a drying oven (S Business Series™) at 121 °C for 10-15 min. Apart from sterilisation, this step was important to further dissolve the solidifying agents that had not been completely dissolved during the boiling process. Generally, the moist heat sterilisation method using an autoclave system is the most effective method for sterilising culture media as it is capable of killing all types of microorganisms, including spores. As there is no accessible autoclave system in our laboratory, we could only perform dry-heat sterilisation to sterilise all the media prepared. The dry-heat technique, in general, necessarily involves a prolonged exposure (1 to 3 h) to a high temperature (140 to 170 °C) to kill the microorganisms effectively (Darmady *et al.*, 1961). Such settings, however, may be impractical for media sterilisation as media overheating can lead to a decline in media stability and bacterial performances, as well as media darkening, precipitation and pH drift

(Sandle, 2017). Hence, we decided to standardise the sterilisation temperature and time for the dry-heat method in our study, similar to the standard protocol for the moist-heat method, to reduce media overheating during sterilisation. After sterilisation, the foil was removed and the media was cooled until it reached 40-45 °C. The media was then carefully poured into sterile Petri dishes and was allowed to solidify completely at room temperature. The solidification time for each SBA formulation was recorded. The time required for each formulation to fully solidify was optimised from 35 – 60 min (Figure 1). The colour and appearance of the media formed were also observed and recorded. The best SBA agar formed was selected for the evaluation test with commercial nutrient agar (NA).

**Microbial inoculation of the media**

For microbial inoculation, two streaking techniques, four-quadrant and continuous, were used to evaluate and compare the performance of NA and SBA. Individual colonies from the stock culture were streaked on both media using sterilised nichrome wire

loops. To reduce the risk of contamination, the plates were then covered with parafilm and incubated at room temperature (23-26 °C) for 24 h. After incubation, the morphology of the colonies formed and the growth pattern of the bacteria on both media was observed and recorded.

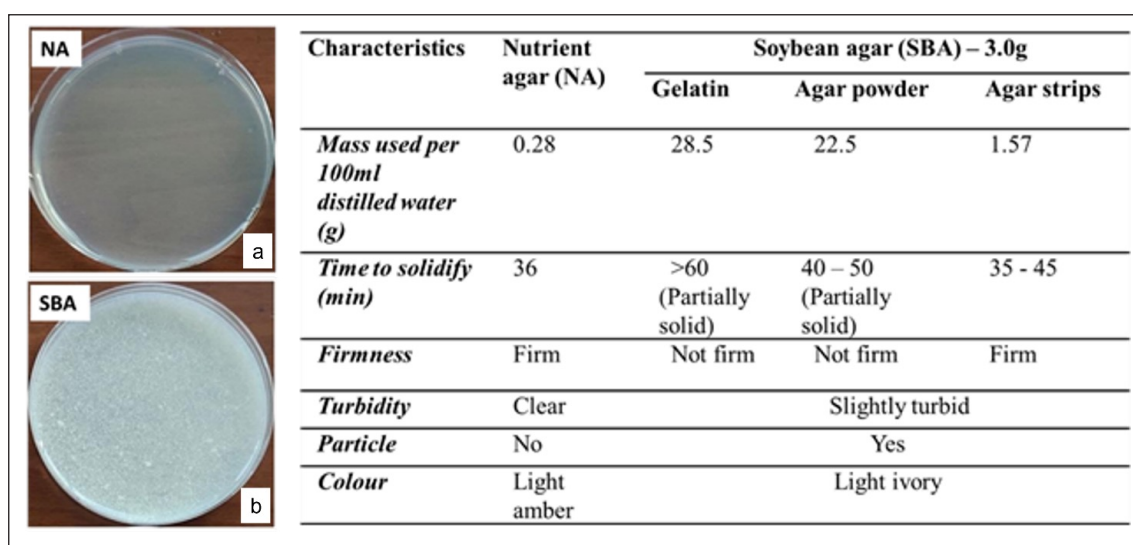
**RESULTS**

**Comparison of solidifying agents for soybean agar media**

In this study, the SBA formulation mainly consists of three main ingredients, namely soybean powder, sterile distilled water, and a solidifying agent. Three types of solidifying agents were used in this formulation, namely agar powder, gelatin, and agar strips. Our results showed that agar strips formed the best SBA media compared to agar powder and gelatin. We found that the texture and firmness of the agar strips-based SBA were better compared to other gelling agents. Moreover, only 1.57 g of agar strips in 100 mL of distilled water was required, which is 20 times less than the amount needed for

**Table 1.** Formulations of soybean agar

Formulation	Soybean powder (g)	Sterile distilled water (mL)	Solidifying agents (g)		
			Gelatin	Agar powder	Agar strips
1	3.0	100	28.5		
2	3.0	100		22.5	
3	3.0	100			1.57



**Fig. 1.** Visual inspection of commercial nutrient agar (NA) and soybean agar (SBA). NA showed clear and transparent features (a), while agar strip-based SBA showed white and opaque features (b). NA and SBA were prepared in 100 mL distilled water using 0.28 g commercial nutrient powder and 3.0 g soybean powder, respectively. Both media were incubated at room temperature for 24 h before the visual inspection. The properties of SBA using different solidifying agents were compared with commercial NA and summarised in the table (right).

gelatin (28.5 g) and agar powder (22.5 g), as shown in Figure 1. More importantly, the SBA media was observed to take about 35–45 min to fully set, similar to the setting time for NA (36 min). In contrast, the agar powder-based SBA was partially solidified even after more than 40 min of incubation. To accelerate the solidification time of the agar powder-based SBA, we decided to incubate the agar powder-based SBA at 4 °C. Our observation suggested that the agar powder-based SBA took one hour to solidify at lower temperatures but is not very stable as the SBA plate was partially solidified after a few hours at room temperature (23–26 °C). A similar result was obtained for gelatin-based SBA. Compared to other solidifying agents, the gelatin-based SBA needed at least 60 min to solidify, which was almost twice as long as the commercial culture medium (Figure 1). In terms of physical appearance, the commercial NA looked clear and transparent, while the SBA was slightly cloudy due to the small bean particles in the medium (Figure 1). We also found that the colour of NA and SBA was light amber and light ivory, respectively (Figure 1).

#### Growth of *Bacillus subtilis* on different media

Next, we examined the functionality of SBA by observing the differences in the growth of *B. subtilis* in SBA and NA that were incubated at room temperatures (23–26 °C). Based on our observations, there was no substantial difference between NA and SBA in terms of the number of colonies formed on the agar (Figure 2). We also noticed that the morphology of the bacterial colonies on both media was comparable, as summarized in Table 2. Our visual inspection of two different streaking techniques showed identical growth patterns of *B. subtilis* colonies, suggesting that SBA can support the growth of the microorganisms of interest similar to commercial agar (Figure 2).

## DISCUSSION

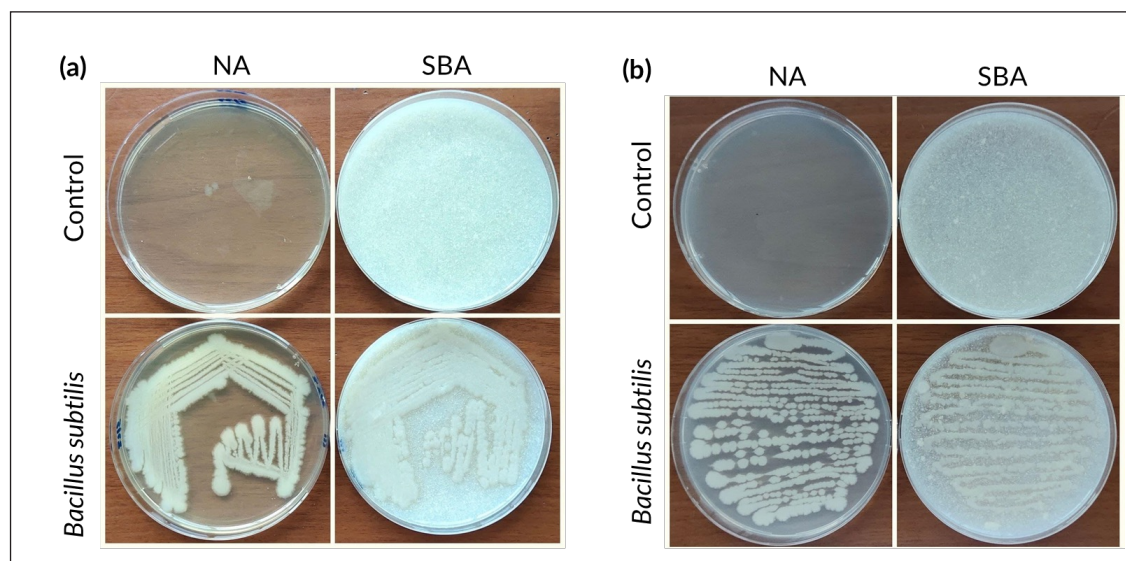
The global pandemic has had a major impact on the development of research around the world. Researchers are constantly looking for various feasible initiatives to minimise their research expenditures. This includes the development of novel media made from low-cost, readily available materials. In this study, we used three different solidifying agents (gelatin, agar powder, and agar strips) that are widely available in the local Asian market. Gelatin was one of the first gelling agents used in various growth media and was derived from the connective tissue of animals (Ledward, 2000). Agar, on the other hand, is a plant-based gelling agent that is usually derived from algae, mainly *Gelidium* sp., *Gracillaria* sp., and *Pterocladia* sp. (Das *et al.*, 2015). Our results showed that gelatin has the poorest gelling effect among the firming agents. Previous studies have shown that the gelling effect of this agent

was achieved when the media temperature was less than 20 °C (Mad-Ali *et al.*, 2017). When gelatin-based media are incubated at 37 °C, they melt easily, affecting the stability of the media, which is critical for bacterial growth (Das *et al.*, 2015; Bonnet *et al.*, 2020). In addition, digestion and degradation of gelatin can occur in the presence of an enzyme known as gelatinase, which is commonly found in certain microbial species, such as *Pseudomonas aeruginosa*, *Serratia marcescens*, and *Bacillus* sp. (Sandle, 2011; Balan *et al.*, 2012; Bonnet *et al.*, 2020).

In addition, we have found that agar, especially agar strips, makes a better SBA medium than gelatin. The use of agar in media formulation has several advantages. First of all, agar is relatively stable over a wide range of temperatures. The average solidification temperature of conventional agar is between 32 and 42 °C, and its melting temperature is around 85 °C (Das *et al.*, 2015). Moreover, the strength of the medium can be easily changed by adjusting the amount of agar used (Raina & Babbar, 2011). Apart from its transparent properties, it is also metabolically inert, so it does not affect the microbial biochemical processes that play an important role in their growth in the medium (Petrovski & Tillett, 2012).

In previous studies using soybean and soy-based products for media preparation, most researchers considered several parameters in media preparation, especially pH, which may affect microbial growth in the media (Ravimannan & Pathmanathan, 2016; Uthayasooryan *et al.*, 2016; Shareef, 2019). Nevertheless, in the present study, we disregarded the influence of pH on microbial growth to significantly reduce the risk of contamination. Furthermore, due to the lack of suitable sterilisation equipment in our laboratory, such as an autoclave, we restricted the use of a conventional pH meter to measure the final pH of the SBA media, as this could contribute to the contamination of the media.

The potential use of soybeans as a cheap source of nutrients for alternative growth media is undeniable. Soybeans contain nine essential amino acids such as valine, tryptophan, threonine, phenylalanine, methionine, lysine, leucine, isoleucine, and histidine (Monte Singer *et al.*, 2020). Previous studies have shown that soy-based products can serve as good sources of nutrients for the cultivation of various microorganisms, especially bacteria and fungi (Ravimannan & Pathmanathan, 2016; Uthayasooryan *et al.*, 2016; Shareef, 2019; Cruz *et al.*, 2020). Similar results were obtained in this study, where *B. subtilis* grew very well in both media, SBA and NA. More importantly, the morphology of the bacterial colonies formed on both culture media was very identical in terms of texture, margin, optical properties, colour, height, and shape. Nevertheless, colonies formed on SBA were slightly larger compared to NA. We



**Fig. 2.** Comparison of *B. subtilis* growth in NA and SBA that were inoculated using four-quadrant (a) and continuous (b) streaking techniques. Inoculated media were incubated for 24 h at room temperature (23–26 °C). The agar plates without *B. subtilis* represent negative control to ensure no bacterial contamination.

**Table 2.** The morphology of *B. subtilis* in NA and SBA. The bacterial colonies formed on SBA and NA were compared visually

Colony morphology	Nutrient Agar	Soybean Agar
Texture	Rough	Rough
Margin	Jagged edges	Erode
Optical property	Opaque	Opaque
Colour	Slightly yellow	Yellowish white
Colonies size	Intermediate	Slightly bigger
Form	Fuzzy	Irregular, slightly fuzzy
Elevation	Flat	Flat

suspected that this was most likely due to the white and granular appearance of SBA, which made the white *B. subtilis* colonies appear larger. It was also difficult to examine the bacterial colonies that formed on SBA compared to the clear, transparent NA. A similar problem was reported by other researchers who claimed that visual inspection of bacterial colonies on soy flour-based media was a time-consuming process because white bacterial colonies on the soy-based media were indistinguishable, making colony counting difficult (Mosher *et al.*, 2009).

Even though *B. subtilis* grew successfully on SBA, more future research into the medium's performance in microbial cultivation is required, along with a few recommendations to guarantee the medium's optimal performance. The first suggestion is to utilise contemporary laboratory facilities to refine and improve SBA formulation. These facilities may help users to produce finer soybean powder, reducing the difficulty of visual inspection of microbial colonies on SBA. Furthermore, employing modern equipment, such as a pH meter and an autoclave system, which

was not accessible in our present study, could provide a more proper and reliable analysis of SBA's efficacy in microbial cultivation and other microbiological tests. Next, various bacterial and fungal species should be tested on SBA to determine their compatibility with the medium, as the SBA's feasibility in the study was confined to a single bacterial species (*Bacillus* sp.). Then, quantitative assessments should be conducted to examine and compare the performance of SBA and standard NA in cultivating these microbial species, permitting a more comprehensive and accurate analysis of SBA performance.

## CONCLUSION

This present study has succeeded in designing a novel culture medium by exploiting locally available and cheap ingredients like soybean (as a nutrient source) and agar strips (as a solidifying agent). The newly formulated SBA was capable of sustaining *B. subtilis* growth and had equivalent performance to NA. On top of that, our findings have shown that agar strips

form the best SBA medium compared to the other two solidifying agents tested (gelatin and agar powders). Thus, food-grade agar strips have the potential to be a low-cost alternative to commercial bacteriological agar, which is extensively used in media preparation. Despite this, there are several shortcomings in our research that may obscure the actual findings. One of the difficulties we encountered was observing the microbial colonies formed on SBA due to their similar appearance to SBA. Furthermore, we were only able to conduct a qualitative study that is less accurate than a quantitative analysis due to the absence of modern laboratory equipment. Therefore, additional qualitative research incorporating sophisticated laboratory equipment and a vast number of microbes is highly recommended to fully explore the SBA's functionality in microbial cultivation and other microbiological analysis.

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#### CONFLICT OF INTEREST

The authors declare no conflict of interest.

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