

## Natural Deep Eutectic Solvents vs. Conventional Solvents: Effects on Crude Yield, Mangiferin Content, Antioxidant Activity, and Toxicity in *Mangifera pajang* Kosterm. Fruit Extracts

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### ABSTRACT

*Mangifera pajang* Kosterm. fruits, commonly known as 'Bambangan,' are rich in natural antioxidants due to their phytochemical constituents and are categorised as an underutilised fruit. This study focused on investigating the effects of different solvents on the extraction yield (EY), mangiferin content (MC), total flavonoids (TF), total phenolics (TP), antioxidant activity, and toxicity of *M. pajang* fruit extracts (MPFE). The selected solvents included natural deep eutectic solvents (NADES), water, methanol, and ethanol. The extraction of MPFE was performed using ultrasound-assisted extraction with an ultrasonic probe. Antioxidant activities were evaluated using the 2,2-diphenyl-1-picrylhydrazyl (DPPH), 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS), and ferric-reducing antioxidant power (FRAP) assays. Toxicological assessment was conducted using the brine shrimp lethality assay (BSLA) to determine LC<sub>50</sub> values. Overall, NADES proved to be the most efficient solvent for extraction, yielding the highest EY (37.09 ± 2.34%), MC (0.032 ± 0.000 mg/g), TF (0.80 ± 0.01 mg RE/g dry extract), TP (14.94 ± 1.74 mg GAE/g dry extract), and exhibits potent antioxidant activity as measured by DPPH (82.38 ± 0.24%), ABTS (86.37 ± 0.03%), and FRAP (304.57 ± 5.24 mg TE/g dry extract). Moreover, NADES demonstrated non-toxicity in the BSLA (LC<sub>50</sub> = 1988.37 µg/mL) of MPFE. These findings suggest that NADES is a suitable solvent for exploring the medicinal potential of *M. pajang* fruits and their application in therapeutic development.

**Key words:** Antioxidant, *Mangifera pajang*, mangiferin, NADES, toxicity, ultrasound-assisted extraction

### INTRODUCTION

The extraction of natural compounds from medicinal plants has gained significant attention due to their rich content of bioactive molecules, such as flavonoids, phenolics, and antioxidants. The choice of solvent for the extraction process is critical, as it directly influences the type and quantity of compounds extracted (Kumar *et al.*, 2023). Solvent selection is typically based on their polarity characteristics (Rodrigues *et al.*, 2023). Common solvents for extracting polar compounds, such as flavonoids and phenolics, include water, methanol, ethanol, and acetone (Lezoul *et al.*, 2020; Anuar *et al.*, 2021). Solvents used for phytochemical extraction can be categorised into three main types: green solvents, organic solvents, and supercritical fluids (Kumar *et al.*, 2023). Water is particularly advantageous due to its wide availability, environmental friendliness, and efficiency in extracting a broad range of polar compounds (Xu *et al.*, 2017; Alqahtani *et al.*, 2023). Moreover, water, methanol, and ethanol are consistent with the ethnobotanical usage of many medicinal plants, as they have traditionally been used in preparations such as decoctions and tinctures (Jahurul *et al.*, 2019; Maling *et al.*, 2024). The effective extraction and purification of antioxidant and phytochemical compounds from plant materials depend on various factors, including duration, temperature, solvent concentration, and polarity (Ng *et al.*, 2020). These factors require optimisation for each plant source to maximise yield and compound quality.

Natural deep eutectic solvents (NADES) are a new class of green solvents that offer a sustainable alternative to conventional organic solvents (Li, 2022). Comprising a hydrogen bond acceptor (HBA), such as choline chloride, and a hydrogen bond donor (HBD), such as lactic acid, they effectively extract various phytochemicals (Prabhune & Dey, 2023). NADES are environmentally friendly and easy to prepare, making them an attractive option for obtaining bioactive compounds (Prabhune & Dey, 2023). Razboršek *et al.* (2020) found that NADES, composed of natural components, offered significant advantages over traditional solvents like methanol for extracting phenolic compounds from black chokeberry fruits. Another study highlighted the effectiveness of combining NADES with ultrasound-assisted extraction (UAE) to enhance the recovery of flavonoids and phenolics from date

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fruits (Djaoudene *et al.*, 2024). NADES made with choline chloride and lactic acid (1:2) proved to be an effective solvent for extracting phenolic compounds from *Lippia citriodora* leaves and exhibited higher extraction yields than methanol (Ivanović *et al.* 2018). Additionally, NADES have shown success in extracting phytochemicals from sources like mangosteen peel, outperforming other solvents (Plaza *et al.*, 2021). Thus, NADES represent a more sustainable and efficient alternative to traditional organic solvents for extracting phytochemicals (Sakurai *et al.*, 2024).

*Mangifera pajang* Kosterm. fruits, commonly known as 'Bambangan,' originate from Borneo Island, specifically in Sabah and Sarawak, Malaysia, and belong to the Anacardiaceae family (Tangah *et al.*, 2017). According to Tangah *et al.* (2017), the *M. pajang* plant is distinguished from other *Mangifera* species by its rough, brown outer skin, resembling potato-brown at maturity (Figure 1). Common mangoes typically have smooth green, red, or yellow skin. The fruit is among the largest of the *Mangifera* species (Roslan *et al.*, 2021), weighing approximately 0.5–1.0 kg or more and measuring about 20 cm in diameter. The skin can be peeled like that of a banana, and the fruit is broadly ovoid or globose in shape, fibrous, with a woody seed endocarp. *M. pajang* fruits are traditionally consumed pickled or freshly prepared due to their limited shelf life and have a fruiting season in Sabah, Malaysia. Also referred to as wild mangoes, they are a rich source of various bioactive compounds such as flavonoids, phenolics, and anthocyanins, and possess potent antioxidant activities (Benjamin *et al.*, 2021). The pulp of *M. pajang* fruits is fibrous and juicy, with a distinctive aromatic flavour and strong scent, making it suitable for fresh consumption (Jahurul *et al.*, 2019). Based on past studies (Roslan *et al.*, 2020), *M. pajang* fruits show great potential for commercialisation as health-promoting products due to their high antioxidant and phytochemical content, as well as their rich Vitamin C and superior antioxidant properties, making them a valuable source for functional food and medicinal applications. The literature reports potential biological activities of *M. pajang* fruit extracts (MPFE), including antioxidant activity, anticancer effects, antibacterial activity, cytoprotective effects, cardiovascular benefits, and antidiabetic properties (Jahurul *et al.*, 2019).



Plant



Fruit

**Fig. 1.** Plant and fruit of *M. pajang*.

Although *M. pajang* fruits have shown promise for various beneficial effects, their practical utilisation remains constrained. Further investigation is needed to thoroughly examine the selection of suitable solvents for extraction, to identify environmentally responsible extraction techniques and to compare them to alternative solvent options. This study aimed to assess the extraction yield (EY), mangiferin content (MC), total flavonoids (TF), total phenolics (TP), antioxidant activity, and toxicity of MPFE using different solvents, including NADES, water, methanol, and ethanol. The results of this study may provide valuable guidance to researchers and industry professionals in selecting appropriate extraction solvents and conditions to enhance the recovery of yield and therapeutic compounds from *M. pajang* fruits.

## MATERIALS AND METHODS

### Plant materials

*Mangifera pajang* fruits were purchased from vendors at Anjung Kinabalu, Kota Kinabalu, Sabah, Malaysia. The fresh fruit pulp was sliced into pieces measuring 1 cm x 1 cm and then dried in an oven (ED 23, Binder, Tuttlingen, Germany) at 50°C for 6 hr until completely dehydrated, with minor adjustments. After drying, the samples were finely ground using a grinder (EBM-9182, Elba, Borso del Grappa, Italy), and the resulting fine powder was stored for future analyses.

### Preparation of NADES

To prepare the NADES, a modified heating and stirring technique was employed according to a previous method (Ozkan, 2024). HBA and HBD were combined at a molar ratio of 1:2. The water content of the NADES was adjusted by adding deionised water. The NADES and deionised water were mixed in a glass beaker and heated to 70°C, with subsequent stirring at a constant velocity until a homogeneous and clear liquid formed within 30 min. The resulting NADES were then stored at room temperature for future use.

### Extraction yield

Four solvents were used: NADES, water, methanol, and ethanol. Following the method by Awang *et al.* (2021) with some modifications, a ratio of 5 g powdered sample to 100 mL extraction solvent (1:20 g/mL) was employed for UAE. The UAE was performed for 15 min at 68% amplitude using an ultrasonic probe (Q500 Sonicator, QSonica, Newtown, CT, USA). Solid residues

were removed by filtering through filter paper. The filtered MPFE were further separated under reduced pressure at 70°C using a rotary evaporator (Laborota 4000, Heidolph, Schwabach, Germany), following the method by Stephenus *et al.* (2023) with slight modifications. Subsequently, the MPFE was dried in an oven for 24 hr at 50°C. For subsequent analyses, NADES and water samples were dissolved in deionised water, while methanol and ethanol samples were dissolved in methanol. The EY of MPFE from the different solvents was calculated using equation:

$$\text{EY (\%)} = \frac{\text{Dried mass of crude extract (g)}}{\text{Mass of raw material (g)}} \times 100$$

### Mangiferin content

The determination of MC using high-performance liquid chromatography (HPLC) followed the method by Marinov *et al.* (2024) with slight alterations. Pure standard mangiferin (1 mg/mL) dissolved in methanol was used. Mangiferin detection employed an Agilent 1100 system (Agilent Technologies, Santa Clara, CA, USA) with an ultraviolet-visible (UV-Vis) detector and an InertSustain C<sub>18</sub> column (5 µm, 150 × 4.6 mm). The mobile phases consisted of 0.1% formic acid in deionised water (mobile phase A) and acetonitrile (mobile phase B). Isocratic elution, a flow rate of 0.8 mL/min, a 15-min run, 20 µL injection volume, and a wavelength of 254 nm was used. Each sample underwent filtration using a 0.22 µm membrane filter before injection. The MC of MPFE was determined based on equation:

$$\text{MC (mg/g)} = \frac{\text{Mass of mangiferin (mg)}}{\text{Dried mass of crude extract (g)}}$$

### Total flavonoids

The TF was determined using the aluminium colourimetric assay as described by Fakhruddin *et al.* (2022) with slight modifications. A mixture of 1 mL diluted MPFE (1 mg/mL) and 1 mL of 2% aluminium chloride was incubated in the dark for 15 min, and absorbance was measured at 430 nm using a UV-Vis spectrophotometer (Lambda 25, PerkinElmer, Waltham, MA, USA). Rutin acted as the standard reference, and the TF of MPFE was expressed as mg RE/g dry extract in equation:

$$\text{TF (mg RE/g dry extract)} = \frac{c \times V}{m}$$

where c is the concentration of crude extract (mg/mL) obtained from the standard curve of TF, V is the sample volume (mL), and m is the sample mass (mg).

### Total phenolics

The TP was determined using the Folin–Ciocalteu method, following Awang *et al.* (2023) with slight modifications. A mixture of 500 µL diluted MPFE (1 mg/mL), 500 µL Folin–Ciocalteu reagent, and 1.5 mL of 20% sodium carbonate was adjusted to 10 mL with water. After shaking, it was kept in the dark for 2 hr, and absorbance was measured at 765 nm. Gallic acid acted as the standard reference, and the TP of MPFE was expressed as mg GAE/g dry extract, as indicated in equation:

$$\text{TP (mg GAE/g dry extract)} = \frac{c \times V}{m}$$

where c is the concentration of crude extract (mg/mL) obtained from the standard curve of TP, V is the sample volume (mL), and m is the sample mass (mg).

### DPPH assay

Using the method of Asfaw *et al.* (2024) with slight modifications, the 2,2-diphenyl-1-picrylhydrazyl (DPPH) inhibition activity was estimated. A mixture of 1 mL diluted MPFE (1 mg/mL) and 1 mL of 0.1 mM DPPH was incubated in the dark for 30 min, and absorbance was measured at 517 nm. Blank DPPH solution acted as the negative control, and Trolox acted as the positive control. The DPPH inhibition activity of the MPFE was calculated using equation:

$$\text{DPPH inhibition activity (\%)} = \frac{\text{Abs}_c - \text{Abs}_s}{\text{Abs}_c} \times 100$$

where Abs<sub>c</sub> is the absorbance control and Abs<sub>s</sub> is the absorbance sample.

### ABTS assay

The 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS) inhibition activity was assessed using a modified method by Hussen & Endalew (2023). ABTS was prepared by reacting 5 mL of 7 mM ABTS with 88 µL of 140 mM potassium persulphate (1:0.35 ratio) and incubating in the dark at room temperature for 24 hr. The solution was then diluted to an absorbance of 0.70 ± 0.02 at 734 nm and equilibrated to 30°C. Scavenging activity was measured by mixing 100 µL of diluted MPFE (1 mg/mL) with 100 µL of ABTS reagent in a 96-well plate, incubating for 5 min at room temperature, and recording the absorbance at 734 nm using a microplate reader (Multiskan SkyHigh, Thermo Fisher Scientific, Waltham, MA, USA). Blank ABTS solution served

as the negative control, and Trolox as the positive control. The ABTS inhibition activity of MPFE was calculated using equation:

$$\text{ABTS inhibition activity (\%)} = \frac{\text{Abs}_c - \text{Abs}_s}{\text{Abs}_c} \times 100$$

where  $\text{Abs}_c$  is the absorbance control and  $\text{Abs}_s$  is the absorbance sample.

### FRAP assay

The ferric-reducing antioxidant power (FRAP) assay was performed following a modified method by Russo *et al.* (2013). The FRAP reagent was prepared by mixing 38 mM sodium acetate (pH 3.6), 20 mM ferric chloride, and 10 mM TPTZ in 40 mM hydrochloric acid at a 10:1:1 ratio. Diluted MPFE (1 mg/mL, 20  $\mu$ L) was combined with 180  $\mu$ L of FRAP reagent in a 96-well plate and incubated at 37°C for 40 min in the dark. Absorbance was measured at 593 nm, with Trolox acting as the standard reference. Results were expressed as mg TE/g dry extract using equation:

$$\text{FRAP (mg TE/g dry extract)} = \frac{c \times V}{m}$$

where  $c$  is the concentration of crude extract (mg/mL) obtained from the standard curve of FRAP,  $V$  is the sample volume (mL), and  $m$  is the sample mass (mg).

### Brine shrimp lethality assay

The brine shrimp lethality assay (BSLA) protocol was derived from the method outlined by Akano & Akinsomisoye (2024), with slight adjustments. Nauplii were hatched from brine shrimp eggs in an aerated aquarium filled with seawater over 48 hr. Once hatched, the actively moving nauplii were collected from the well-lit area and used for the assay. One hundred nauplii were meticulously transferred using a micropipette and glass capillary into a petri dish with 20 mL of seawater. Each concentration in the petri dish consisted of 2 mL of the different solvents and 20 mL of seawater containing nauplii, left at room temperature for 24 hr in the presence of light. Then, the remaining nauplii were enumerated using a magnifying glass. The experiment encompassed a potassium dichromate (positive control), seawater with nauplii (negative control), and different concentrations from MPFE (100, 300, 500, and 1000  $\mu$ g/mL). The mortality was expressed as a percentage in equation:

$$\text{Mortality (\%)} = \frac{\text{Number of nauplii deaths}}{\text{Total number of nauplii}} \times 100$$

### Statistical analysis

All experiments were conducted in triplicate for accuracy with each replicate representing an independent experiment and results were reported as mean  $\pm$  standard deviation (SD). Statistical analysis to assess significant differences between solvent extractions was performed using IBM SPSS Statistics (Version 28) with a one-way analysis of variance (ANOVA) followed by Tukey's Honestly Significant Difference (HSD) test.

## RESULTS

### Effect of different solvents on extraction yield

Figure 2 illustrates the EY of different solvents from MPFE. According to the results, the NADES extract exhibited the highest EY values ( $37.09 \pm 2.34\%$ ), which were significantly higher compared to other solvents such as water, methanol, and ethanol extracts ( $p < 0.05$ ). The EY of water, methanol, and ethanol extracts were  $22.82 \pm 1.46\%$ ,  $11.86 \pm 1.33\%$ , and  $15.22 \pm 3.05\%$ , respectively. Therefore, the results indicate a ranking of EY as NADES > water > ethanol > methanol.

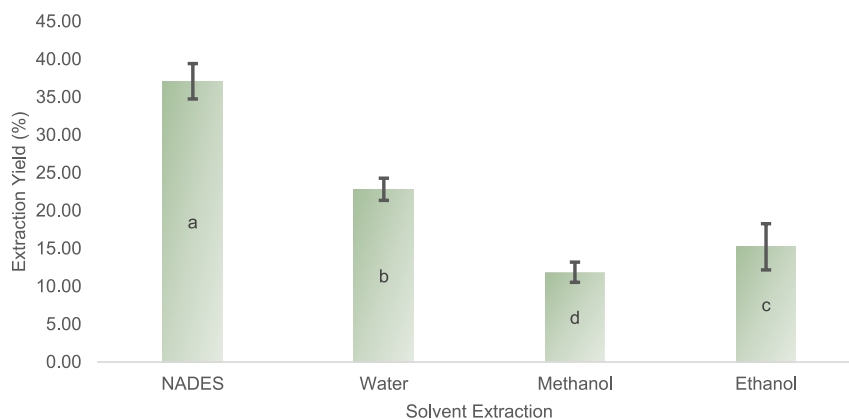


Fig. 2. EY of MPFE at different solvents.

### Effect of different solvents on mangiferin content

Figure 3 illustrates the MC of MPFE at different solvents. The NADES extract showed the highest MC values ( $0.032 \pm 0.000$  mg/g), significantly exceeding those of other solvents such as water, methanol, and ethanol extracts ( $p < 0.05$ ). Water, methanol, and ethanol extracts exhibited MC values of  $0.026 \pm 0.000$  mg/g,  $0.010 \pm 0.000$  mg/g, and  $0.012 \pm 0.000$  mg/g, respectively. Thus, the results suggest a ranking of MC as NADES > water > ethanol > methanol.

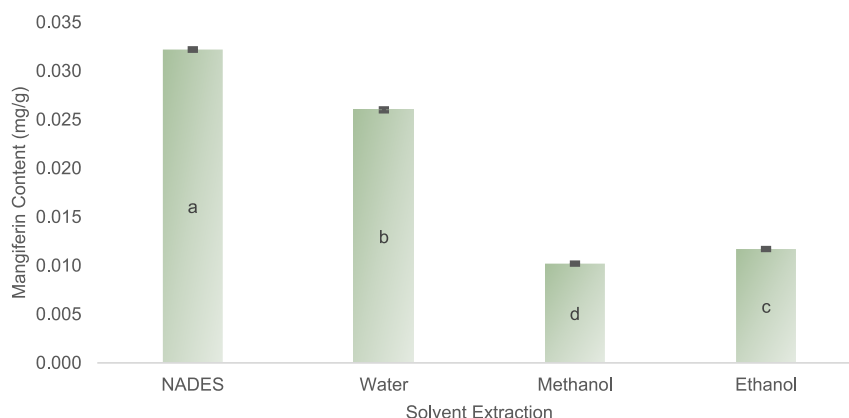


Fig. 3. MC of MPFE at different solvents.

### Effect of different solvents on total flavonoids

Figure 4 presents the TF of MPFE using different solvents. Based on the findings, the NADES extract exhibited significantly higher TF levels ( $0.80 \pm 0.01$  mg RE/g dry extract) compared to water, methanol, and ethanol extracts ( $p < 0.05$ ). Water, methanol, and ethanol extracts showed TF values of  $0.43 \pm 0.02$  mg RE/g dry extract,  $0.41 \pm 0.01$  mg RE/g dry extract, and  $0.42 \pm 0.01$  mg RE/g dry extract, respectively. Thus, the TF ranking is NADES > water > ethanol > methanol.

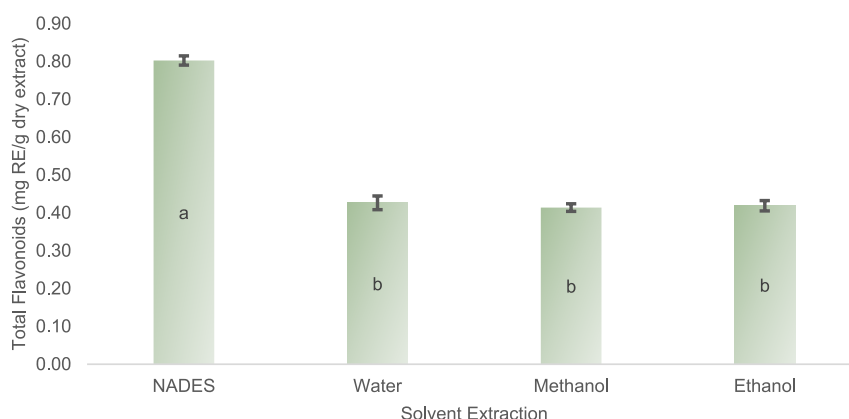


Fig. 4. TF of MPFE at different solvents.

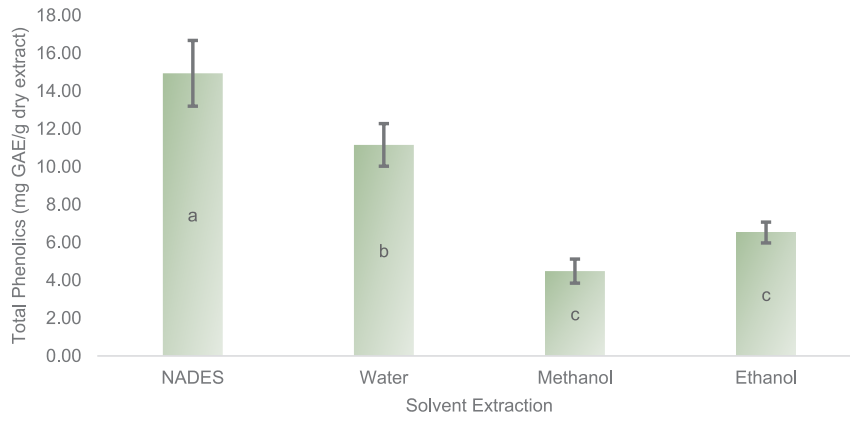
### Effect of different solvents on total phenolics

Figure 5 shows the TP of different solvents from MPFE. The results indicate that the NADES extract exhibited significantly higher levels of TP ( $14.94 \pm 1.74$  mg GAE/g dry extract) compared to water, methanol, and ethanol extracts ( $p < 0.05$ ). The TP values were  $11.15 \pm 1.13$  mg GAE/g dry extract for the water extract,  $4.48 \pm 0.64$  mg GAE/g dry extract for the methanol extract, and  $6.52 \pm 0.55$  mg GAE/g dry extract for the ethanol extract. The ascending order for TP is NADES > water > ethanol > methanol.

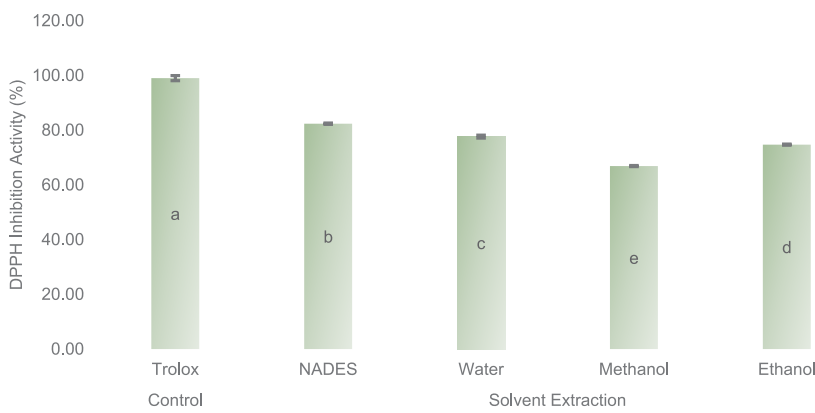
### Effect of different solvents on antioxidant activity

Figure 6 shows the DPPH inhibition activity of MPFE at different solvents. The results indicate that the NADES extract exhibited the highest antioxidant activity at  $82.38 \pm 0.24\%$ , compared to Trolox at  $99.03 \pm 0.93\%$ . In contrast, the antioxidant activities of water ( $77.65 \pm 0.54\%$ ), methanol ( $66.89 \pm 0.20\%$ ), and ethanol ( $74.72 \pm 0.21\%$ ) extracts were slightly lower and significantly different ( $p < 0.05$ ). These differences emphasise the superior extraction efficiency of the NADES extract in recovering valuable antioxidant compounds from *M. pajang* fruits.

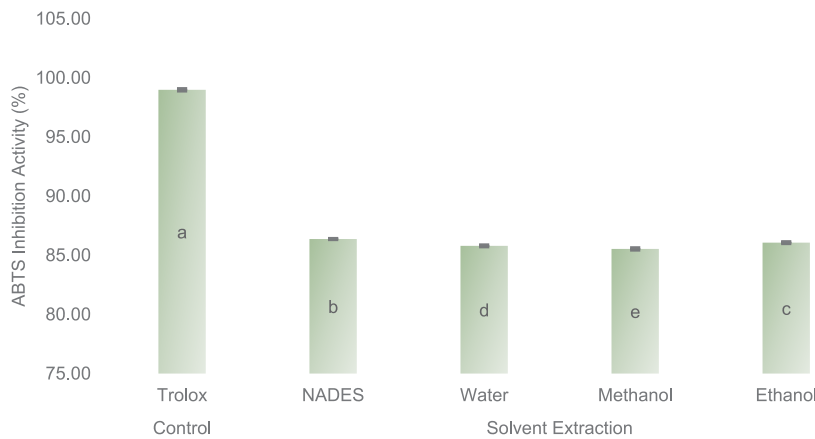
Figure 7 shows the ABTS inhibition activity for MPFE with different solvents. The findings indicate that the NADES extract exhibited the highest antioxidant activity at  $86.37 \pm 0.03\%$ , compared to Trolox at  $98.99 \pm 0.09\%$ . In contrast, the antioxidant activities of ethanol ( $86.07 \pm 0.07\%$ ), water ( $85.80 \pm 0.07\%$ ), and methanol ( $85.54 \pm 0.09\%$ ) extracts were slightly lower and significantly different ( $p < 0.05$ ). These differences highlight the superior extraction efficiency of the NADES extract in recovering valuable antioxidant compounds from *M. pajang* fruits.



**Fig. 5.** TP of MPFE at different solvents.



**Fig. 6.** DPPH inhibition activity of MPFE at different solvents.



**Fig. 7.** ABTS inhibition activity of MPFE at different solvents.

Figure 8 shows the FRAP assay results for MPFE with different solvents. The NADES extract exhibited significantly higher FRAP levels ( $304.57 \pm 5.24$  mg TE/g dry extract) compared to ethanol, methanol, and water extracts ( $p < 0.05$ ). The FRAP values were  $188.00 \pm 1.57$  mg TE/g dry extract for ethanol,  $181.67 \pm 1.37$  mg TE/g dry extract for methanol, and  $173.14 \pm 0.52$  mg TE/g dry extract for water. The ascending order for the FRAP is NADES > ethanol > methanol > water.

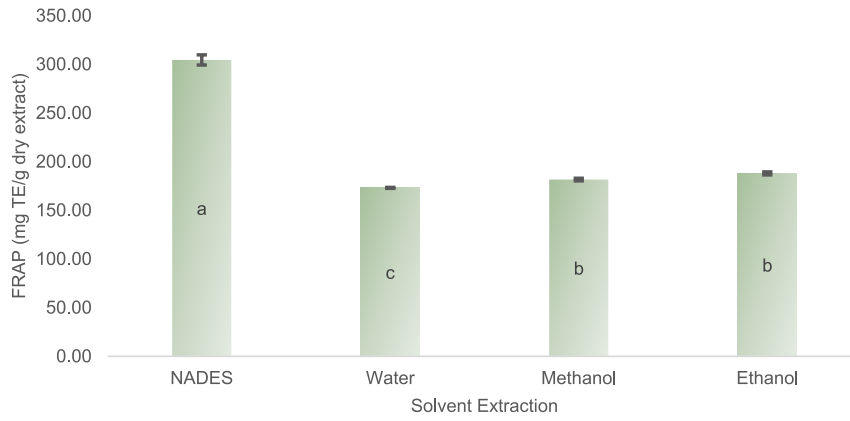


Fig. 8. FRAP assay of MPFE at different solvents

**Effect of different solvents on BSLA**

Figure 9 presents the toxicity of MPFE using the BSLA with different solvents. Based on the findings, NADES and water extracts exhibited an  $LC_{50}$  value  $> 1000 \mu\text{g/mL}$ , indicating that concentrations above this threshold had a non-toxic impact on the test organisms. In contrast, ethanol showed significantly lower  $LC_{50}$  values of  $116.02 \mu\text{g/mL}$ , indicating toxicity. Methanol also had the lowest  $LC_{50}$  value of  $68.50 \mu\text{g/mL}$ , indicating toxicity compared to the other solvents. These results highlight the varied toxic effects of different solvents on the brine shrimp.

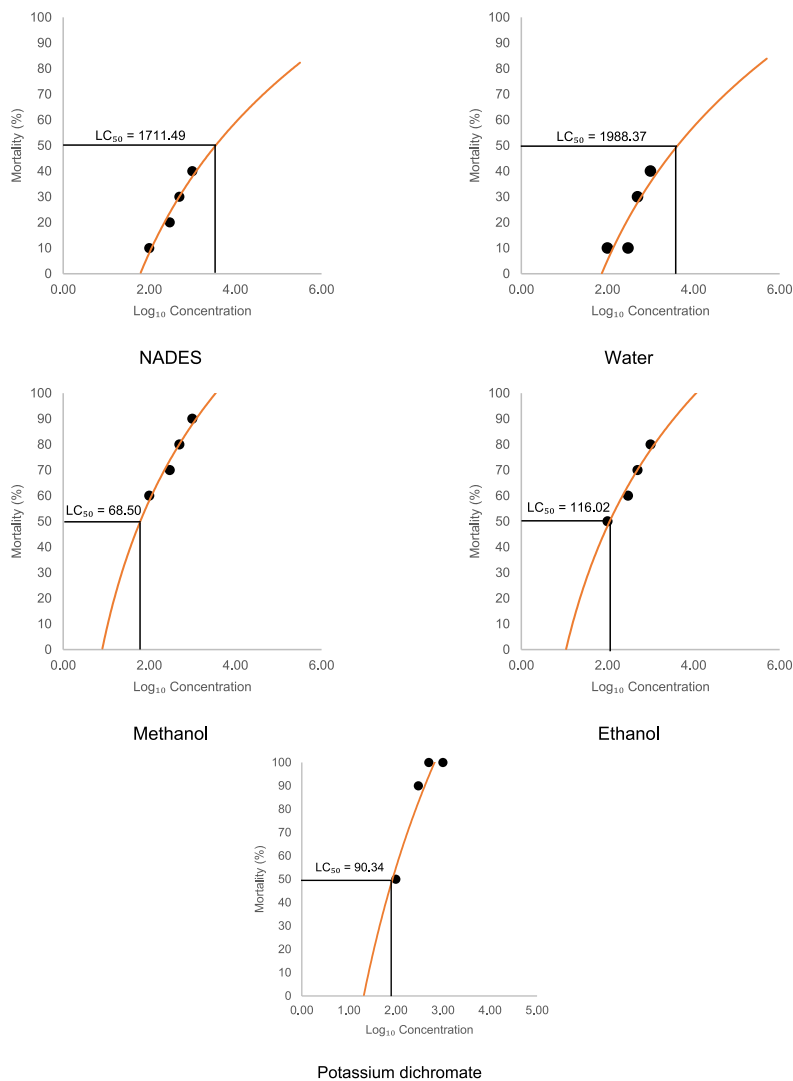


Fig. 9. BSLA of MPFE at different solvents.

## DISCUSSION

The high EY and MC observed with the NADES extract can be attributed to its ability to effectively penetrate cell walls and solubilise target phytochemicals (Hikmawanti *et al.*, 2021). Furthermore, the use of NADES as a green solvent offers additional advantages, such as biodegradability, low toxicity, and reduced environmental impact, making it a more sustainable choice for extracting bioactive compounds from *M. pajang* fruits, particularly the mangiferin compound (Chemat *et al.*, 2019; Yang *et al.*, 2019; Benvenuti *et al.*, 2020). Mangiferin belongs to the xanthone group, which is one of the major compounds in *M. pajang* fruits and has demonstrated various therapeutic properties, such as hypolipidemic, anti-HIV, anti-tumour, immunomodulatory, and antioxidant activities (Hassan *et al.*, 2011). In *Mangifera* species, MC in the pulp ranges from  $0.002 \pm 0.000$  mg/g to  $0.20 \pm 0.070$  mg/g (Luo *et al.*, 2012). Recent studies have shown that NADES containing acidic HBD exhibit higher EY due to their lower pH and greater polarity, which enhance interactions with phenolic compounds, leading to increased extraction efficiencies compared to conventional solvents (Socas-Rodríguez *et al.*, 2021). Furthermore, the results of MC showed the highest values in NADES due to dilution with deionised water, which could effectively smooth and facilitate the chromatographic analysis of this bioactive compound (Alañón *et al.*, 2020). Thus, this dilution could reduce the high viscosity of NADES, thereby enhancing flow characteristics and mass transfer, leading to more accurate and reliable quantitative results from HPLC analysis.

NADES is more efficient in extracting TF and TP than other solvents due to its unique properties, such as polarity, viscosity, and the ability to form strong hydrogen bonds, which help preserve target compounds from degradation (Plaza *et al.*, 2021). Plaza *et al.* (2021) also evaluated seven types of NADES with different HBDs, including glycerol, ethylene glycol, urea, sorbitol, lactic acid, citric acid, and formic acid, as well as varying molar ratios, and found that choline chloride (as HBA) and lactic acid (as HBD) were the most effective for antioxidant extraction. Barbieri *et al.* (2020) supported this, demonstrating that NADES could improve the extraction efficiency of phenolic compounds from rosemary (*Rosmarinus officinalis*) by stabilising the extracted compounds through hydrogen bonds with NADES. These intermolecular interactions can reduce oxidative degradation by limiting the movement of solute molecules and minimising their contact with oxygen. Similarly, Alves *et al.* (2022) employed NADES to extract polyphenols from green tea for use in food packaging. Researchers utilised NADES as a solvent for extracting flavonoids and phenolics because NADES has emerged as a promising alternative to traditional organic solvents for extracting bioactive compounds from natural sources (Radošević *et al.*, 2016; Obluchinskaya *et al.*, 2021).

The results align with previous studies indicating that NADES extracts demonstrate superior antioxidant activity against DPPH compared to conventional solvents. He *et al.* (2020) showed that NADES extracts of *Salvia miltiorrhiza* exhibited significant quenching effects on the DPPH radical, with quenching ratios ranging from 85.9% to 90.6% at a concentration of 10 mg SM/mL, which surpassed the results for water (85.7%) and methanol (65.6%) extracts. Additionally, the antioxidant activity of NADES extracts was found to be higher than that of organic solvent extracts from *Pluchea indica* leaves (Hikmawanti *et al.*, 2024). A study by Mansinhos *et al.* (2021) found that the NADES extract of *Lavandula pedunculata* subsp. *lusitanica* exhibited an antioxidant capacity of 72.13 mg TE/g DW via the ABTS radical, which was significantly higher than the methanol extract (34.67 mg TE/g DW) and ethanol extract (46.31 mg TE/g DW). The ABTS radical also showed that NADES extracts exhibited higher antioxidant capacity values compared to the water, methanol, and ethanol extracts from *Aronia melanocarpa* fruit (Zor, 2024). Moreover, Krgović *et al.* (2025) reported that NADES extracts from black raspberry pomace exhibited superior FRAP values, ranging from 688.76  $\mu\text{mol Fe}^{2+}/\text{g DW}$  to 1745.14  $\mu\text{mol Fe}^{2+}/\text{g DW}$ , surpassing the water extract (488.23  $\mu\text{mol Fe}^{2+}/\text{g DW}$ ) and the 70% ethanol extract (779.09  $\mu\text{mol Fe}^{2+}/\text{g DW}$ ). Similarly, Martinović *et al.* (2022) evaluated the FRAP activity of bilberry fruit, bilberry leaves, and green tea leaves and found that NADES extracts exhibited higher antioxidant activity compared to both water and ethanol extracts. Thus, the choice of solvent is critical for extracting bioactive compounds from plants (Abubakar & Haque, 2020).

According to a recent study by Benjamin *et al.* (2022), the categorisation of toxicity indicators shows that plant extracts with  $\text{LC}_{50}$  values above 1000  $\mu\text{g/mL}$  are considered non-toxic. Those with values between 500  $\mu\text{g/mL}$  and 1000  $\mu\text{g/mL}$  display mild toxicity, while extracts with  $\text{LC}_{50}$  values below 500  $\mu\text{g/mL}$  are classified as toxic. This study supported these findings, showing the toxicity levels of different solvents based on  $\text{LC}_{50}$  values from MPFE as follows: Water < NADES < ethanol < methanol. A prior study by Meena *et al.* (2020) found that ethanol is moderately toxic, methanol is slightly toxic, and water is non-toxic when extracted from *Terminalia arjuna*. Dash *et al.* (2022) reported that the methanol extract of *Combretum roxburghii* exhibited high cytotoxicity, causing mortality in all brine shrimp at concentrations ranging from 100 to 500  $\mu\text{g/mL}$ . These findings suggest that methanol and ethanol may not be the most effective solvents for extracting bioactive compounds from this fruit. In contrast, NADES solvents demonstrate potential suitability as alternative options that could be utilised in various applications without posing significant harm to organisms (Koh *et al.*, 2023). Thus, understanding the toxicity profiles of solvent extracts is essential to ensure safe usage in fruit extraction and crucial for making informed decisions in research development.

## CONCLUSION

Overall, NADES emerges as the superior solvent for extracting *M. pajang* fruits. It yields the highest amounts of EY, MC, TF, and TP, along with potent antioxidant activity, likely due to its ability to control DPPH, ABTS, and FRAP reactivity kinetics. Moreover, NADES demonstrates exceptional non-toxicity towards brine shrimp in the BSLA. These findings highlight the promising potential of NADES in advancing the therapeutic utilisation of the medicinal properties of underutilised *M. pajang* fruits. Future research could focus on utilising the most effective solvent to further explore the biological activities of *M. pajang* fruits, particularly their anti-diabetic and anti-obesity properties.

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## ETHICAL STATEMENT

Not applicable

## CONFLICT OF INTEREST

The authors declare no conflict of interest.

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